



## ONE REHABILITATION SERVICE

# OCCUPATIONAL THERAPY

Do you want to be more independent? Do you find it difficult to make a cup of coffee? Would you like to be able to work?

At ONE Rehabilitation Service, Occupational Therapy can work with you to participate in the activities that are most important to you.



**ONE**  
REHABILITATION  
SERVICE



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0423 423 440



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65 Anzac Highway  
Ashford SA 5035



# OUR APPROACH

We work with people aged 16 and over who have been impacted by an Acquired Brain Injury, Stroke, Concussion or Neurological condition.

Our occupational therapists can assist you to:

- Increase independence
- Improve memory and thinking skills
- Improve the use of arms and hands
- Manage sensory overload
- Manage energy levels
- Engage with meaningful tasks
- Become more socially connected

Regardless of how long ago you were diagnosed or experienced your injury, if you are finding it difficult to move and participate in activities that you enjoy, our occupational therapists are here to help you.

We provide our service from our clinic based in Ashford, your home, or out in the community - we can come to you.



**Get back to doing  
what's important  
to you.**



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